

Below is a **Questionnaire**, which Doctors of all specialties such as Endocrinologists, Gynecologists, Cardiologists can keep in their waiting room. This Questionnaire will help overcome barrier of shyness, taboo, shame, save time and enable the doctors to address sexual dysfunctions of their patients. This can be downloaded for free. See copyright

## **PRIVATE – FOR DOCTOR ONLY**

### **Questions**

**Important Note:**

THIS INFORMATION IS SEEN BY YOUR DOCTOR ALONE. IT IS TOTALLY SECRET, PRIVATE AND CONFIDENTIAL.



BEST QUESTIONNAIRE SEXUAL DYSFUNCTIONS

**HOW TO INCREASE SEXUAL SATISFACTION**

PURPOSE: This is to assist you to enhance sexual pleasure.

You can fill the form at home.

Only one form per person. You can make photocopy if necessary.

Date:

My Name/Nickname: \_\_\_\_\_

Your Phone no.

Your email

Age \_\_\_\_\_

Marriage

Married Since \_\_\_\_\_ To get married \_\_\_ Just Married \_\_\_

My marriage is \_\_\_\_\_ arranged/love/first love than arranged/first arranged than love.

The marriage is forced and against my desire \_\_\_\_\_yes/no.

I am \_\_\_\_\_happy/not happy with my husband/wife

For Men

Erection

I have difficulty in getting erection

I have difficulty in maintaining erection

Erection is lost before insertion

Erection is lost at the time of insertion

Erection is lost after insertion

I get erection during masturbation, but at the time of sex my erection becomes less.

Size

Size of my penis is small when in non erect state  
Size of my penis is small when in erect state

My foreskin does not go back completely?  
I have problem with shape/angle/bend of penis

Early Discharge

I discharge before insertion  
I discharge after 1 to 5 strokes  
I discharge after 2 minutes

Successive Sex

Sex immediately one after the other.  
I wish to do sex \_\_one/two/three more times after first sex  
I wish to do sex more than once  
Earlier I could do sex \_\_\_\_ (2 or 3 specify if more) times one after other. This continued for \_\_months/years after marriage.  
Now I wish to do \_\_times sex.

It takes \_\_\_\_\_time to get erection for second sex.  
During the \_\_2nd/3rd subsequent sex erection becomes less.  
Discharge is not soon when I do sex 2nd, 3rd time.

Dhat

While straining at stools dhat comes out

Nightfall

I have night fall \_\_\_\_\_times /month/year

Masturbation

I masturbate \_\_\_\_\_ times week/month/year.  
I stopped masturbation for \_\_\_\_\_days/months/years.  
I have masturbated in excess and at very early age.

For both MEN as well as WOMEN

Frequency of sex

How many times in a week/month

My frequency of sex in last \_\_\_\_\_months/years is\_\_\_\_\_

I have problem of sex with \_\_\_\_\_partner other than spouse/spouse/masturbation.

I \_\_\_\_can/cannot do sex well with spouse/partner, but I have difficulty doing sex with spouse/partner?

Spouse means husband or wife. Partner means girlfriend or boyfriend other than spouse.

When did the problem start?

I have the problem ever since marriage/ even before marriage recently \_\_\_\_\_months/years.

I believe the my sex problem is because of

1. \_\_\_\_\_

2. \_\_\_\_\_

I think my spouse/partner is not satisfied \_\_\_\_ yes/no.

Actually Spouse/Partner said \_\_\_\_\_

Sex with partner other than spouse (husband/wife)

Did you have problem with partner 1/ partner 2/ partner 3/? What did partner say?

How many times you had paid sex (prostitute)\_\_\_\_

With how many partners you had sex\_\_?

How many times sex with each partner? \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

I had sex before marriage \_\_\_\_\_ no. of partners \_\_\_\_\_no. of times

I had sex with some one other than spouse \_\_\_\_\_ no. of partners \_\_\_\_\_no. of times with each partner\_\_\_\_\_

What did partner say about the SP Sex Problem

What did friend say

What did doctor say

What remedy have you tried?

List them in detail below

Name of doctor Place Type of Medicine I took treatment for \_\_\_\_\_days/months

The doctor said SP was because of \_\_\_\_\_

The improvement was \_\_\_\_\_% I stopped treatment because \_\_\_\_\_

I spent money Rs.\_\_\_\_\_

Anything else \_\_\_\_\_

Insertion

I have pain during sex? \_\_\_\_\_Yes/No

From the time of marriage I have not been able to do insertion at all.

Am I homosexual?

I believe I have sexual attraction towards same sex people. That is boys having attraction towards boys.

Girls having attraction towards girls

I believe I have sexual attraction towards both boys as well as girls.

The difficulties in behavior between husband and wife because of Sexual Problem are

\_\_\_\_none/irritability/arguments/fights/other

Sexual Desire

My \_\_\_\_\_husband/wife has more interest in sex than me. What is the solution?

My desire for sex has become less since \_\_\_\_\_months\_\_\_\_\_since \_\_\_\_\_problem started.

Sexual Satisfaction

How can I satisfy my \_\_\_\_\_husband/wife sexually?

How can both of us have more satisfaction in sex?

My question to the Doctor?

Will my sexual problem be solved?

How much will it cost?

How soon will I get results?

I have questions regarding pregnancy/birth control \_\_\_\_\_ yes/no.

Are there any medicines and methods that are safe and can increase sexual satisfaction?

I want to know names, functions of sexual parts in men/women.

I want to know facts about what is normal. Example: What is the normal size of penis?

What I want

The improvements in sex that I want are state all

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

This method of helping to solve sexual problems is very good because \_\_\_\_\_

Important Note:

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