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**BEST TREATMENT CURE SEX PROBLEMS FREE ASK SEXOLOGIST MUMBAI**

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## erectile-dysfunction-natural-cure-ayurvedic-herbal-treatment

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Last updated October 03, 2013

What you should know about

### Erectile dysfunction natural cure

### Ayurveda herbal treatment medicines capsules in India

### Erectile Dysfunction ED and Alternative Therapy

[ 8 ]

### Alternative medicine

### in treatment of Erectile Dysfunction – Impotence

Read Scientific Study Below

The United States Food and Drug Administration has warned consumers that any sexual enhancement product that claims to work as well as prescription products is likely to contain such a

**T**he FDA does not recommend alternative therapies to treat sexual function. [ 1 ]

Many products are advertised as “herbal viagra” or “natural” sexual enhancement products, but no clinical trials or scientific studies support the effectiveness of these products for the treatment of erectile dysfunction, and synthetic chemical compounds similar to sildenafil have been found as

contaminant. adulterants in many of these products. [ 2 ] [ 3 ] [ 4 ] [ 5 ] [ 6 ] The United States Food and Drug Administration has warned consumers that any sexual enhancement product that claims to work as well as prescription products is likely to contain such a contaminant. [ 7 ]

**T**ruth about natural cures for impotence. Do ayurvedic medicine, herbal medicines really work in treatment of erectile dysfunction – ED – impotence? They are usually sold as medicines without any side effects. Read what follows because your health is precious. I don't want you to spend money for something useless or even harmful. [To ASK DOCTOR your specific problem click here http://mydoctortells.com/ask/](http://mydoctortells.com/ask/)

***Herbal medicines, Ayurvedic medicines, Nature cures, Alternative medicines or therapy like rekei or other healing methods DO NOT CURE Erectile Dysfunction – ED – impotence.***

If some one advertises/claims that their natural medicine does cure ED they contain medicines like sildenafil, which is a proper prescription medicine to be given by qualified doctor after necessary examination.

[You may like to know about the medically approved safe treatment methods that give marvellous results to people having impotence – ED – Erectile Dysfunctions. See http://mydoctortells.com/topic/men/male-sex-problems/erection-problems/](http://mydoctortells.com/topic/men/male-sex-problems/erection-problems/)

## Is Shilajeet safe?

REAL QUESTION

On Tue, Jan 13, 2009 at 12:58 AM,

**xxx wrote:**

*Sir,i'm 25y.o and have noticed that i dont get hard erection and doesnt last long..*

*Will shilajit gold capsules help to get hard erection??*

## MY DOCTOR TELLS SHILAJIT

Shilajeet is an ayurvedic formulation

**Chronic use of Shilajeet has been found to damage kidneys.**

Moreover shilajeet does not increase erection.

" \_\_\_ shilajit gold capsules \_\_\_" This product available at chemist [1] has other ingredients too.

## Names of impotence erectile dysfunction cure herbal medicines

The most popular herbs are

- epimedium,
- damiana,
- ginseng,
- ginkgo,
- yohimbe,
- saw palmetto,
- maca,
- Muira puama, and
- Tribulus terrestris.

Examples of most popular herbal remedies used as cure for impotence in the treatment of erectile dysfunctions and sold as natural cures for erection problems are

- ginseng,
- ginkgo,
- L-arginine and
- yohimbe.

There's still limited evidence on how well they work — and some have known dangers.

## Dangers Risks of Natural Remedies for Erectile Dysfunction Impotency

*The United States Food and Drug Administration has warned consumers that any sexual enhancement product that claims to work as well as prescription products is likely to contain such a contaminant.*

One example is yohimbe. **Yohimbe** can interact with prescription medications and increase heart rate and blood pressure. **Shilajeet** is nephrotoxic.

Natural remedies advertised and sold as Ayurvedic treatment or natural treatment as a cure for erection problems in men **may contain** unknown amounts of undeclared drugs or medicine or **synthetic chemical ingredients** as well as **unidentified ingredients and adulterants**.

### No Proof of Cure of Erection Problems with Natural Remedies

**T**hey are advertised with money back guarantee or at discount. There is pseudo scientific evidence presented to impress lay people of how effective the home remedy is for erection cure. Some of the ingredients act as vasodilators. These blood vessel dilating medicines contained within natural remedies or herbal erection cure are not specific for penis and can cause drop in blood pressure.

There are no clinical trials or scientific studies that support the effectiveness of any of natural remedies sold as cure of impotency or as treatment of erectile dysfunction.

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
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By [Todd B. Nippoldt, M.D. Clinical Endocrinologist](#)

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## contraceptive-today

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### WHAT IS TODAY® SPONGE

Today® sponge is a contraceptive inserted in vagina by women before sex. Today® Sponge contains 1000 mg nonoxynol-9 spermicide, an amount sufficient for 24 hours of protection.

This type of intravaginal contraceptive was first used in 1983.

#### *Success rate of TODAY SPONGE CONTRACEPTIVE*

*(first year)*

*for a typical user in a woman who has not had a child yet (Nulliparous) is 84%*

### WHAT IS A CONTRACEPTIVE

Contraceptives are methods used to prevent pregnancy in sexually active women. Also called Birth control, Family Planning.

Contraception = Contra conception (pregnancy)

Contraception is the intentional prevention of conception by artificial or natural means.

### METHODS OF CONTRACEPTION

Artificial methods in common use include

- preventing the sperm from reaching the ovum – the barrier method (Men use condoms, Women use diaphragms, etc.),
- inhibiting ovulation (using oral contraceptive pills),
- preventing implantation (using intrauterine devices- recommended after child birth for delaying next pregnancy),
- killing the sperm (using spermicides), and
- preventing the sperm from entering the seminal fluid (by vasectomy- permanent method).

Natural methods include

- the rhythm method (calendar method) and
- coitus interruptus (withdrawal method – high failure rate).

The contraceptive sponge, such as Today®, combines barrier and spermicidal methods to prevent conception. There are two more brands like Today®, Pharmatex® and Protectaid.®

#### HOW EFFECTIVE IS TODAY® SPONGE CONTRACEPTIVE

Failure rates (first year)

##### **For typical user**

**in a woman who has not had a child yet (Nulliparous): 16%**

In women who have delivered child (Parous):32%

For Perfect user Woman with no child (Nulliparous): 9%

Woman who has had a previous child delivery (Parous): 26%

The Today® website quotes failure rate as 9%. Method Effectiveness over 1 year of use (when used correctly and consistently every time you have sex)

Today Sponge 91%

(Spermicide Alone VCF, Conceptrol, Encare, Gynol success rate is 82%)

#### HOW TO USE TODAY® CONTRACEPTIVE SPONGE

It is to be inserted deep inside the vagina so as to cover the cervix (opening of womb in vagina) before sexual intercourse. It can be kept in place for 12 – 24 hours.

#### SIDE EFFECTS OF CONTRACEPTIVE SPONGE TODAY®

Allergy: Some people are allergic to the spermicide used in the sponge.

Infection: Women who use contraceptive sponges have an increased risk of yeast infection and urinary tract infection.

The Today® sponge contains the spermicide nonoxynol-9, which may contain certain risks for those using the sponge multiple times a day, or for those at risk for HIV. In these cases, nonoxynol-9 can irritate the tissue, which leads to an increased risk of HIV and other sexually transmitted infections

Toxic shock syndrome: Improper use, such as leaving the sponge in too long, can result in toxic shock syndrome.

#### MECHANISM OF ACTION OF CONTRACEPTIVE SPONGE TODAY®

Contraceptive sponge Today® works as mechanical barrier preventing sperms entering from the vagina into the womb. Today also acts by destroying sperms in the semen as it contains spermicidal nonoxynol – 9

#### YOU WILL LIKE TO KNOW

- [You will want to know if you are pregnant.](#)

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- [Formula to find safe period](#)

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Today®

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