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HOW TO INSERT PENIS IN VAGINA

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How to insert penis in vagina?

[Click here to see VIDEO](#) how to insert penis in vagina**Best tips for your first sex, honeymoon or suhagarat:**

On this page I will tell you

1. Why there can be difficulty in inserting penis in vagina during honey moon, suhagarat, and first sex.
2. How to overcome difficulty in inserting penis in vagina? What medicine or method to use?
3. How much time will it take for the boy and the girl to be able to insert penis in vagina?

Honeymoon Suhagaraat: An important Tip by Sexologist

To overcome any difficulty in inserting penis in vagina both the boy and the girl need to have good understanding, lot of patience, abundance of love and caring.

1. Causes of penis not going inside vagina

Not being able to insert penis in vagina is called [unconsummated sex](#). Common cause for unconsummated sex is that it is new experience for both the girl and the boy. (In fact it is a certificate that the girl is a virgin.) This condition of tight pussy is called

[vaginismus](#).(See [small](#) and large animated pictures : Why penis does not go in [vagina](#)?)

If you are unable to insert penis in vagina during first sex/honeymoon/suhagratt

*How to insert penis in vagina Anatomy*Consider the following **Three things**

External Female

1. Entrance of vagina gets shut. Vagina is tight. This happens because the girl is scared.

Genitals with Labels

Something big is about to go inside her vagina. It's a new experience. Girl has fear of pain and bleeding. This condition is called [vaginismus](#).

Name

2. Hymen is not broken – so fear of pain and bleeding – so penis does not go in the vagina.

3. The reason for not being able to

[insert penis](#) in vagina is **DEFINITELY NOT BECAUSE boy has premature ejaculation or erectile dysfunction**. To read more about this click

[Wrong diagnosis Erectile dysfunction/Premature ejaculation](#).

2. Remedy for unconsummated sex.

How to insert penis in vagina without pain (and / or bleeding)?

If there is difficulty and penis is not going inside vagina use

Dr. Ashok Koparday's Finger Technique.

3

steps to use with lot of patience, love and caring.

Use of local anesthetic

Before First Step:

In this technique those who fear a lot may use Lignox 2 % gel. It contains local anesthetic called xylocaine or lidocaine or lignocaine. There is no touch or pain sensation in the part where local anesthetic is applied. Take liberal quantity of lignocaine 2 % on your finger tip and apply at the vaginal opening about 10 minutes before attempting sex. You yourself or husband can apply this.

Lignox 2 % rarely has any side effects.

It should not be used if you are trying to conceive.

First step:

After foreplay before inserting penis

first insert one finger inside vagina.

You will realize that the actual vaginal opening is very much hidden and it is not easy to locate the place (unlike what you see in pornography).

If because of fear of pain or bleeding vagina opening is shut tight your finger will not go inside vagina.

[Click here to see the big picture vulva vagina pussy](#).

Second step is:

Don't even attempt to insert penis in vagina until two fingers can go easily without causing pain to the girl.

Third step is:

Only after two fingers can easily slide inside vagina attempt to insert penis in vagina.

There will be resistance and it will not be as easy as inserting finger, but the penis will surely go inside the vagina.

After third step:

Still the difficulty may persist. However, on repeated attempts the penis will DEFINITELY go in the vagina.

3. How long will it take to insert penis in vagina when there is unconsummated marriage?

In my medical practice I have found that this difficulty in inserting penis in vagina may take few days, few months or even few years.

Note: I have not used the word sex 'penetration' anywhere when referring to sexual intercourse. Instead, I have used the word 'insertion', which is gentle; whereas sexual 'penetration' sounds harsh, as though unnaturally stuffing something by force.

Sexologist: Your trump card!

Don't hesitate to meet an experienced Sex Therapist for the treatment of unconsummated sex. At any time if you find that you are excessively worrying about not being able to insert penis in vagina or this is causing anger, depression and endangers husband ~ wife relationship there is another sure remedy.

Best remedy

Please visit an experienced Sex Therapist. The Sex Therapist will introduce you to guided therapy so that even without medicines you will be able to consummate marriage. The doctor may recommend lubricant or lubricant with local anaesthetic agent or other medicine depending upon the need of the case to facilitate insertion of penis in vagina.

Summary:

Know that first sex, honey moon or suhagrat may not be as easy as is commonly believed. It is not premature ejaculation or erectile dysfunction that causes difficulty in inserting penis in vagina. There is a DEFINITE METHOD of inserting penis in vagina. Follow Dr. Ashok Koparday's 3 step technique.

If you are lucky to find an experienced Sex Therapist, it will truly be a blessing for you. Your marital relation won't turn bitter. Your marriage will become better. Sex will be fun and great source of joy to both the girl and the boy forever.

By Ashok Koparday
Happiness doctor.

Useful Links

- 1 <http://doctortells.blogspot.com/2008/01/healthmeter.html>
- 2 [first sex unconsumated doctor's tips](#)
- 3 [FirstSex-FirstNight-Suhagrat_FirstHoneymoon](#)
- 4 [newly-wed-husband-refuses-sex](#)
- 5 [no-insertion-of-penis-during-sex](#)
- 6 [sex-tips-before-marriage-boys](#)
- 7 [unconsumated-marriage](#)
- 8 <http://dictionary.reference.com/browse/vaginismus>
- 9 [Animated Picture showing Vaginismus](#)
- 10 [Large Animated Picture showing the mechanism of Vaginismus](#)

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md Sharif
December 20, 2013 at 1:50 PM

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